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Message from the Hong Kong Adventist Hospital

Tsuen Wan

Stubbs Road

The Adventist and every member of its dedicated staff are committed first and foremost to providing exceptional medical treatment to every patient, without condition and without exception. Hong Kong Adventist Hospital – Tsuen Wan & Stubbs Road recognize the importance of the protection of patients' private data, and is fully committed to compliance with the Privacy Ordinance. The policies of The Adventist are under continual review to ensure best practice in every facet of medical service. All medical staff at the Adventist receives on-going training and guidance to ensure compliance with its policies.

香港港安醫院的話

荃灣

司徒拔道

香港港安醫院全院上下將病人的福祉視為首要考慮，並不受任何立場和因素影響，務求為每位求診者提供卓越和適切的醫療服務。香港港安醫院的話 – 荃灣及司徒拔道深明保護病人私隱資料的重要性，亦致力遵守私隱條例的規定。香港港安醫院會繼續檢視政策，務求令病人得到最優質的醫療及護理服務。為確保符合相關指引，院方亦會安排員工定期接受相關培訓及指導，令他們不斷進步，精益求精。

Launch of Well Baby Clinic

成立優越兒童保健中心 提供嬰幼兒一站式醫療保健



Established as part of the hospital's "Medical Home" concept in its mission to expand pediatric services, the all-new Well Baby Clinic officially opened on June 19 and offers comprehensive healthcare and preventive medicine to children from birth to two years of age. A professional team led by experienced physicians and nurses provides extensive support to new families in five main areas: parent education, immunization, growth monitoring, preventive healthcare, and developmental surveillance.

The Clinic provides immunizations to children up to the age of two in accordance with the Hong Kong Childhood Immunization Program (HKCIP), as well as vaccines licensed for use in Hong Kong but not included in the HKCIP, such as the Hemophilus influenzae type b vaccine (HIB), meningococcal vaccine, hepatitis A vaccine, Japanese encephalitis vaccine, and rotavirus vaccine.

For further details or enquiries, please contact the Well Baby Clinic at 2275 6290 during office hour.

優越兒童保健中心已於六月十九日正式開幕，實踐本院「醫療之家」概念拓展兒科服務，為零至兩歲幼兒提供全面保健及疾病預防。中心的專業醫療團隊由經驗豐富的醫生及護士提供 5 大核心範疇：育兒指導、免疫接種計劃、成長監察、預防性保健及發展監察服務，為新家庭持續作出全方位支援。

診所按「香港兒童免疫接種計劃」為零歲至兩歲兒童提供基本免疫接種服務，以及未包括在計劃之內的認可疫苗，例如流感疫苗、乙型流感嗜血桿菌疫苗 (HIB)、腦膜炎雙球菌疫苗、甲型肝炎疫苗、流行性乙型腦炎疫苗，及口服輪狀病毒疫苗等。

如欲查詢及了解詳情，歡迎於辦公時間致電 2275 6290 與本中心職員聯絡。

A Warm Welcome to our New Physicians

歡迎急症科吳奎醫生、急症科阮文裕醫生、心胸外科顧問勞卓堅醫生及兒科顧問謝韻婷醫生加入本院



Consultant in Emergency Medicine
Dr. Ng Fu



Specialist in Emergency Medicine
Dr. Yuen Man Yue



Consultant in Cardio-Thoracic Surgery
Dr. Lo Cheuk Kin



Consultant in Paediatrics
Dr. Tse Wan Ting

We are delighted to welcome to our newly joined physicians, Dr Ng Fu, Specialist in Emergency Medicine; Dr Yuen Man Yue, Terry, Specialist in Emergency Medicine; Dr Lo Cheuk Kin, Consultant in Cardiothoracic Surgery; and Dr Tse Wan Ting, Philomena, Consultant in Pediatrics.

Dr Ng is a fellow of the Hong Kong College of Emergency Medicine and has served in the public healthcare system for over 30 years. With a degree in pediatrics from the UK and as a fellow of the Hong Kong College of Emergency Medicine (clinical toxicology), Dr Ng is skilled at handling pediatric emergencies as well as poisoning or drug-related cases. He hopes to see the continued advancement of our hospital's Urgent Care Center as we strive to extend the healing ministry of Christ through professional and compassionate services.

Dr Yuen Man Yue, Terry, joins us with 12 years of experience in emergency medicine. He excels in transport and resuscitation medicine, and is also particularly interested in geriatric emergency medicine and emergency extended care. Dr Yuen believes that emergency medicine physicians can further support their patients by extending their services beyond the emergency room. During his time working at public hospitals, patients who were stabilized would be transferred to emergency extended care, where they would still be cared for by an emergency medicine physician, and would be recommended a specialist if needed. Dr Yuen is pleased to see that our hospital also adopts a similar system, which ensures that patients are fully cared for every step of the way from admission to discharge.

Dr Lo Cheuk Kin has worked at Public Hospital's Department of Cardiothoracic Surgery for over 25 years, and is particularly proficient in performing minimally invasive cardiothoracic surgeries, which includes minimally invasive surgery for lung cancer, single incision minimally invasive cardiothoracic surgery, minimally invasive repair of pectus excavatum, and robotic surgery. Dr Lo earned fellowships from the Royal College of Surgeons of Edinburgh, the College of Surgeons of Hong Kong, and the Hong Kong Academy of Medicine, and hopes to usher in a

new era of cardiothoracic surgery at Hong Kong Adventist Hospital – Tsuen Wan by offering patients the most advanced minimally invasive cardiothoracic surgeries available.

With 30 years of experience in pediatrics, Dr Tse Wan Ting, Philomena is a registered pediatrician and a fellow of the Hong Kong Academy of Medicine (pediatrics). Dr Tse is well-versed in pediatric neurology and developmental medicine, and believes that each child is created to be unique. She is confident that even in the face of developmental or learning challenges, any child can flourish with appropriate assessment, training, support, and early intervention. With the establishment of the new Well Baby Clinic, Dr Tse looks forward to guiding children and their families through the early years of growth and development.

本院歡迎急症科吳奎醫生、急症科阮文裕醫生、心胸外科顧問勞卓堅醫生及兒科顧問謝韻婷醫生加盟。吳奎醫生為香港急症科醫學院創院院士，曾於公營醫療服務三十多年。他同時持有英國兒科文憑，亦是香港急症科醫學院臨床毒理科院士，因此除一般急症外，他亦擅於處理兒科急病及各類中毒個案。吳醫生希望本院急診中心能夠不斷增值，以專科專業、仁愛之心為社區服務，延續基督的醫治大能。

阮文裕醫生有 12 年急症專科經驗，擅於護送醫學及復甦學，同時對老年急症學及急症科延展治療充滿興趣。阮醫生認為，急症科醫生可為病人做得更多，不只限於急症室；例如急症科延展治療便是他昔日在公立醫院時，病人情況穩定後轉移到急症病房，仍由急症科醫生主診，有需要時再找其他專科會診。這工作模式和本院的模式很似，能讓病人由入院到出院都能一一跟進，令他有很大滿足感。

勞卓堅醫生於公立醫院心胸肺外科服務超過二十五年，他尤其擅於微創胸肺手術，例如微創肺癌手術、單孔微創胸肺手術、漏斗胸微創手術和機器人微創手術。勞醫生在英國愛丁堡皇家外科醫學院、香港外科醫學院和香港醫學專科學院獲得院士資格。他希望加入荃灣港安後，可以為病人帶來嶄新微創胸肺手術，幫助醫方帶來胸肺外科新一頁。

謝韻婷醫生具備 30 年豐富的兒科經驗，既擁有香港醫學專科學院兒科院士，也是兒科專科醫生。她對於研究兒童腦科及發展科的領域非常熟悉，並相信每個孩子都擁有不同的特色，即使發現有特殊發展或學習的情況，只要通過合適的評估、訓練及支援，及早介入能令兒童發揮個別之強項。她希望加入嶄新的優越兒童保健中心後，可以貼心跟進小朋友的發展，讓新家庭和孩子一同快樂成長。

Summer NEWSTART Camp Teaches Kids to Live Healthy

暑期新起點營 助孩子建立健康生活模式



Organized by the Hong Kong Adventist Hospital Foundation's Healthy Lifestyle Fund and sponsored by Friends of Asia Hong Kong, the Summer NEWSTART Camp was successfully held at the Solar Tower Camp at Noah's Ark from July 14 to 16.

Hosted in collaboration with the YWCA, the camp saw the participation of 19 children aged between 8 and 12. A graduation ceremony on July 16 included both children and parents, and even featured special guests: new celebrity parents Ruco Chan Chin Pang and Phoebe Sin Man Yau, who handed out certificates to participants alongside Chairman of the Healthy Lifestyle Fund, Ms Juliana Lam, and CEO of Hong Kong Adventist Hospital, Mr Alex Lan. Following the ceremony, children, parents, and guests enjoyed a wonderful evening together and feasted on a delicious vegetarian buffet prepared by our hospital chef and culinary team.

The Summer NEWSTART Camp was led by professional instructors, who taught participating children how to kick-start a healthy lifestyle through a series of tailor-made health education activities such as healthy living classes, interactive cooking sessions, nature tours, and outdoor adventures. By learning about how to foster their physical and mental development and boost their resilience, campers were encouraged to take charge of their future by safeguarding their own health and well-being.

由港安醫院慈善基金轄下之健康生活基金主辦、香港亞洲之友贊助的「暑期新起點營」，已於 7 月 14 至 16 日於香港挪亞方舟太陽館渡假營順利舉行。

是次活動本基金與香港基督教女青年會(YWCA)合作，邀請合共 19 名 8 至 12 歲兒童參與新起點營，並於 7 月 16 日當晚在本院舉行活動畢業禮，基金會同時邀請小朋友父母出席參與！活動更榮幸邀請到影視紅星兼新手爸媽陳展鵬、單文柔伉儷擔任特別嘉賓，並與健康生活基金主席

林曉盈小姐及本院院長凌宏寶先生一同頒發畢業證書予小朋友，分享學習成果。畢業禮後，眾小朋友、家長及嘉賓更一同享用由本院大廚主理之特色素食自助餐，渡過一個愉快的晚上。

「暑期新起點營」由專業導師帶領，透過度身訂造的健康教育活動，包括健康及生命教育課、互動烹飪、體驗式大自然導覽、戶外歷奇等幫助孩子建立健康生活模式，促進身心發展，全面提升抗逆力。

“I am Healthy” Campaign

「我就是健康 I am Healthy (IMH)」



In order to raise funds and promote healthy living, Hong Kong Adventist Hospital Foundation's (HKAHF) Healthy Lifestyle Fund launched the "I am Healthy" (IMH) campaign this year. Through a series of health promotion activities and large-scale fundraising initiatives, the campaign aims to raise awareness of the importance of disease prevention and adopting a healthy lifestyle.

The IMH campaign officially kick started in June and is currently recruiting schools, organizations, and the public to participate in various events such as "Walk to Give", "Draw to Give", and "Post to Give". Through goal-oriented activities, the IMH campaign is designed to not only raise money for the Healthy Lifestyle Fund but also to inspire and guide participants in their journey towards healthy living and disease prevention, with the hope of eventually reducing the pressure on both public and private healthcare systems in the long run.

There will be a celebration gala dinner and award ceremony on November 28 (Thursday) at Hong Kong Ocean Park Marriott Hotel which recognitions will be given to participating schools and winning students.. We invite all friends of HKAHF to show their support through donations or by purchasing a table for the gala dinner.

All proceeds from the IMH campaign will be used to fund health and simple screenings for financially disadvantaged families and elderly, as well as healthy lifestyle camps, health talks, and healthy gift packs for underserved children.

We also welcome the support from corporate and partner with us to promote healthy living to the public by becoming sponsors of the IMH campaign.

For more details regarding the campaign and donation, please visit the IMH campaign webpage (<http://www.hkahf.org.hk/event/iamhealthy>), call 2276 7130, or email foundation@twah.org.hk.

港安醫院慈善基金轄下的「健康生活基金」為籌募經費及推廣健康生活理念，本年度將首次舉辦名為「我就是健康 I am Healthy (IMH)」之主題籌款活動，是次活動目標是希望透過一系列社區健康宣傳及大型籌款活動，提升大眾關注對預防疾病及實踐健康生活模式之重要性。

「我就是健康」已於本年 6 月展開，並正招募學校、團體及公眾透過參與活動中「步出健康」、「畫出健康」及「POST 出健康」等項目，讓參加者透過項目以目標為本方式養成健康生活習慣及為基金籌款，協助參加者及大眾有效建立健康生活意識，並實踐「預防勝於治療」的理念，長遠減低公私營醫療系統的壓力。

健康生活基金亦已計劃於本年 11 月 28 日(星期四) 晚上於香港海洋公園萬豪酒店舉行「我就是健康 I am Healthy (IMH)」籌款晚宴暨頒獎典禮，表揚參與的學校及獲獎的學生，我們亦誠意邀請支持基金的各界朋友，踴躍認購晚宴筵席及捐款。

活動所籌得之善款將用以支持有經濟需要家庭及長者接受身體及糖尿病檢查、為基層兒童舉辦各項健康生活營、健康講座、派發健康禮品包等，全方位為關顧他們需要。

此外，我們亦歡迎各有心企業/善長成為「我就是健康 I am Healthy (IMH)」活動贊助伙伴，與基金攜手合作，共同推廣健康生活理念。

如欲查詢詳情及捐款，請即登入活動網頁 <http://www.hkahf.org.hk/event/iamhealthy> 或致電 2276 7130 或電郵至 foundation@twah.org.hk 查詢。





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